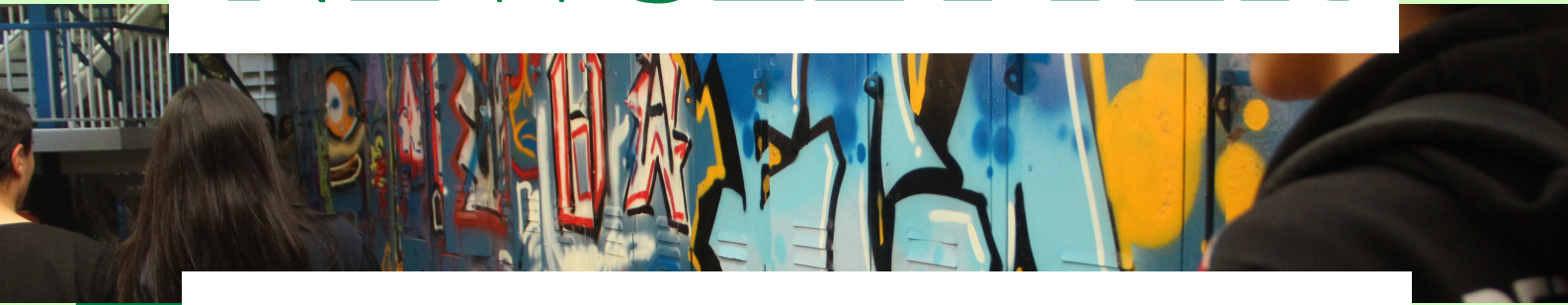


# NEWSLETTER



## EDITOR'S MESSAGE

Dear readers,

As we step into the lively month of March, it's time to embrace the fresh spirit of spring in all of its glory. For this month's issue, we've decided to cover an interesting array of contents ranging from important dates we celebrate during this month to things that are happening around the school.

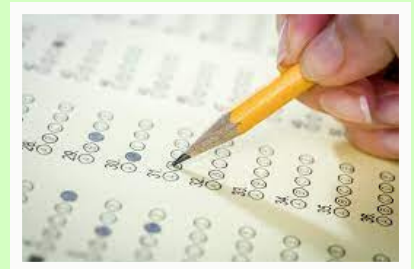
Our team is dedicated to providing you with new content and hopefully, you'll grab a thing or two from this newsletter.

Stay tuned for more updates,

*Tia & Letizia - editors in chief*

## SAT

Many students dread the SAT, a scholastic exam that measures the academic aptitude of students, as well as their knowledge of reading, mathematics, and writing. This test measures one's overall college readiness, providing a benchmark for universities when they are reviewing applications. However, if prepared for sufficiently, the SAT doesn't have to be a source of significant stress.



### TIPS TO PREPARE:

- Take a practice test on Khan Academy
- Increase your reading speed
- Broaden your vocabulary - read more advanced books!!
- Target your mistakes
- Talk to Ms Flavia & she can always give you a hand.



## THE HISTORY OF ST. PATRICK'S DAY

It is not common knowledge that this day of luck and charm actually began as a religious holiday in Ireland celebrating the introduction of Christianity to the country. Maewyn Succat, born in Roman Britain, changed his name to St. Patrick after becoming a priest. At age 16, he was captured by pirates and became a slave shepherd in Ireland. It was then when he discovered the Christian religion

and soon after preached it to the people of Ireland. Eventually, this blue-themed religious holiday transformed into a time of green-themed celebrations and patriotism for the people of Ireland.

So, next time you attend a St. Patrick's Day parade, eat corned beef and cabbage, or doodle leprechauns, think about the real reason behind St. Patrick's Day.

## IMPORTANT DATES

- Mar. 3rd - 5k Run/Walk
- Mar. 4th - Dr. Seuss Day - bring money and buy some fun cookies to support the NEHS campaigns
- Mar. 8th - International Woman's Day
- Mar. 17th - St. Patrick's Day
- Mar. 24th to 30th - Semana Santa/ No School!
- Mar. 31st - Easter



# STUDENT SPOTLIGHT

## SOFIA OQUENDO

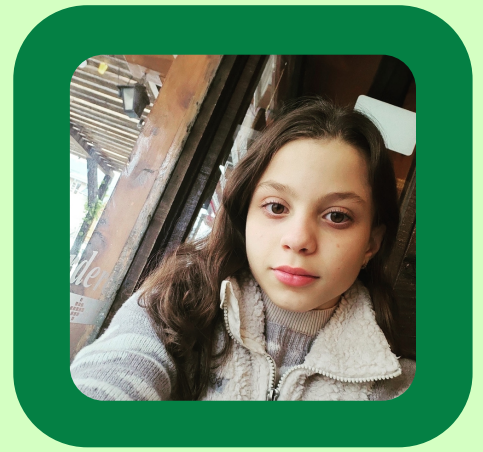
### • What are your future aspirations?

“My future aspirations are to study medicine, specifically surgery or pediatrics, in Europe or the United States. And to be able to keep on doing as a hobby gymnastics.”

### • What are your proudest accomplishments?

“My proudest accomplishments are:

- 1) to represent my country internationally in gymnastics
- 2) to be able to work in an animal shelter and help them rescue animals from the street @fundalma
- 3) to have participated in the Venezuelan Math Olympics two years consecutive.”



## WHY DO WE CELEBRATE SEMANA SANTA?



Semana Santa is a sacred week that is celebrated to commemorate Jesus's last days -such as the Last Supper- and crucifixion. This is a time when the Catholics and Christians get together to go to church and remember the passion of Jesus Christ. Said week is what leads into Easter Sunday, which is the day when Jesus Christ rising from the dead is honored.

Normally, families during this seven-day holiday, take their free time to go to church, make special meals, and, in some cases, even do parades. Here in Venezuela, most people choose to go to beaches like Margarita and Tucacas to have a sort of retreat and spend their time with friends.

## DR. SEUSS DAY



Dr. Seuss is a well-known children's author around the world. His real name is actually Theodore Seuss Geisel, and never received a doctorate degree at all. Before becoming a writer, he wrote advertisements for companies, was an illustrator, a poet, and wrote political cartoons. He published over 60 children's books depicting colorful illustrations, silly rhymes, and made-up words.

However, six of Dr. Seuss's books have been banned in the United States due to racial injustices. This was done in the hopes that children will gain an open and accepting mindset of their own identity, and others' while reading. Children's literature should be inclusive and loving to all different types of people; celebrating our differences instead of mocking them.



## POP QUIZ

1. What was the original color of St. Patrick's day **before** it changed to green?

- a. Purple
- b. Blue
- c. Orange
- d. Red

2. Which one is **true** about St. Patrick?

- a. He was born in Ireland
- b. He banished snakes from Ireland
- c. His full name is Saint Cillian Liam Patrick
- d. He was abducted at age 16 by pirates



While it is St. Patrick's month, don't forget about Easter! On this day full of colors and fun, you can plan an easter egg hunt with your friends or even decorate crafts to celebrate this special date. Not only this but baking and watching movies would also make for great activities for this Sunday.

EXTRA